ACADEMIC CATALOG
2026-2027



MIDWAY
UNIVERSITY

Midway University

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Course 2
MTH 123 - Financial Fitness 2

Course

MTH 123 - Financial Fitness

Financial Fitness is designed to equip college students with the essential skills and knowledge to manage their personal finances responsibly and confidently. This course will focus on foundational principles of personal financial wellness including budgeting, saving, investing, debt and credit management, and the realities of risk versus reward in any financial context. Students will learn practical strategies for making informed financial decisions, setting financial goals, developing healthy lifelong money management habits, and the value employers place on these skills. The course will emphasizes real-world applications and current financial news flow analysis to reinforce the benefits of financial literacy and sound financial decision-making and the pitfalls of the opposite.

Grade Basis: L
Credit hours: 3.0
Lecture hours: 3.0

Restrictions:

- Woodford County High School Dual Credit Students

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Midway University
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