

2021-22 ACADEMIC CATALOG



# Midway University

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## Course

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### PSY 330 - Personality and Adjustment

This course addresses the development of personality through various theoretical perspectives and current research, including examination of the mentally healthy personality. Theoretical facets of the course focus on the assumptions, basic principles and implications of selected theories of personality, including a treatment of the psychodynamic, social learning and humanistic-phenomenological perspectives. Course material is grounded in reference to our own lives by examining issues of the “normal” personality problems of adjustment and notions of positive mental health. Prerequisite: PSY 180.

**Grade Basis:** L

**Credit hours:** 3.0

**Lecture hours:** 3.0

**Prerequisites:**

- [PSY 180](#) - General Psychology

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**Midway University**

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