

2021-22 ACADEMIC CATALOG



# Midway University

## Table of Contents

Course.....	2
PSY 362 - Individual and Group Therapy.....	2

## Course

---

### PSY 362 - Individual and Group Therapy

This course will examine the theoretical and practical aspects of the individual and group therapy processes for persons from diverse cultural groups. Focus will be on exploring theories and techniques used in group therapy for substance addictions counseling. Students will examine individual and group processes and dynamics and be presented with opportunities to practice strategies in small in-class groups. Prerequisite: PSY 180.

**Grade Basis:** L

**Credit hours:** 3.0

**Lecture hours:** 3.0

**Prerequisites:**

- [PSY 180](#) - General Psychology

---

Last updated: 06/28/2021

**Midway University**

512 E. Stephens Street, Midway, KY 40347

1.800.952.4122